

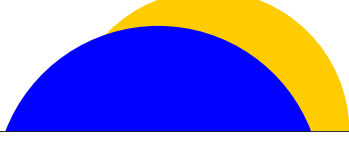
## **Program Includes:**

---

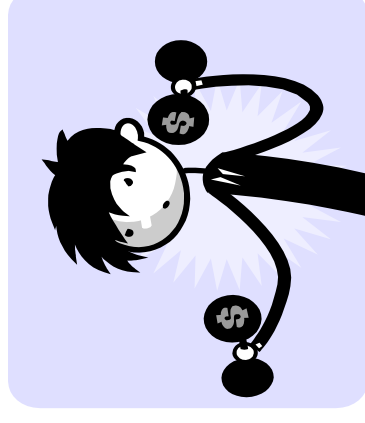
- ◇ 4:30PM– Tuesday & Thursday. 11:00AM– Saturday
- ◇ 30 minute class
- ◇ \$15.00 for first child/week.
- ◇ 1/2 price for each additional child or friend/week.
- ◇ For \$5.00/week parents can use the cardio equipment during their child's class times.

**The Cardio Factory**

---



## **Youth & Parent Program**



---

### **The Cardio Factory**

2412 Spencerville Rd.  
Lima, OH 45805  
Across from De Havens on Cable Court

Phone: 419-302-9006  
Email: [thecardiofactory@woh.rr.com](mailto:thecardiofactory@woh.rr.com)  
[www.thecardiofactory.com](http://www.thecardiofactory.com)